**APPENDIX** 

#### TEENAGE FRIENDS AND LIFESTYLE QUESTIONNAIRE \$2

Your name	
	Your class

PRIVATE & CONFIDENTIAL

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# Friends and Lifestyle Study Questionnaire

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This questionnaire is part of a new survey about the friends, lives and health of today's Scottish children and teenagers. Your answers to these questions are very important. They will help us understand what it is like to grow up in the 1990s.

Your answers will be looked at by the study team and no-one else.

Please write your name here:	
Your date of birth	
Whether you are a boy or girl_	
And your post code	

#### LIFESTYLE SECTION

#### FRIENDS AND FAMILY

. How many friends do you have just now?  Tick <u>one</u> box only.	
No friends  One friend  A few friends  Lots of friends	
2. Roughly how many of your friends are  Circle one answer for each line.	
in your class nonea fewhalfmostall in your year nonea fewhalfmostall in your school nonea fewhalfmostall at another school nonea fewhalfmostall	
and roughly how many are	
boys nonea fewhalflotsall girls nonea fewhalflotsall	
3. Do you have a boyfriend or girlfriend at the moment?  Tick one box only.	
Yes, I have one now  I used to have one, but not now  No, I've never had a boyfriend or girlfriend	21966
4. How many people do you stay with at home? Write in the number but DO NOT count yourself!	
I stay withpeople at home	

5.	How many brothers and sisters stay with yo	ou?
	brothers stay with me	
	sisters stay with me	
a namaj	e seri	
6. The base of the	Who do you stay with at home? Put a circle round 'yes' or 'no' for each per	<b>son.</b>
	I stay with	
	my mum	YesNo
	my dad	YesNo
	my step-mum	
	my step-dad	YesNo
	another woman who is not my mum	
	another man who is not my dad	
٠	If you DO NOT stay with your mum or you	ır dad, why is this?
7.	Put a circle round 'Yes' or 'No' for each re	eason.
<b>7.</b>	Put a circle round 'Yes' or 'No' for each re	eason. YesNo
	Put a circle round 'Yes' or 'No' for each re	ason.
	Put a circle round 'Yes' or 'No' for each re they are separated my mum is not alive	YesNo YesNo
	Put a circle round 'Yes' or 'No' for each re they are separated	YesNoYesNoYesNo
7.	Put a circle round 'Yes' or 'No' for each re they are separated my mum is not alive my dad is not alive another reason	YesNoYesNoYesNo

#### SMOKING

8.	Do you agree or disagree with the following statements:
	Tick one box for each line
	Teenagers who smoke are  Stupid  Tough, or they think they are tough.  Weak. They were bullied into it  Bored. They're the ones with nothing to do  Ordinary. They are no different to anyone else  Trendy, cool.  Rebellious, often causing trouble  Agree  Disagree  Disagree  Disagree  Disagree  Disagree  Disagree
9.	Do you mind other people smoking? Tick <u>one</u> box only
	Yes, I mind a lot □ Yes, I mind a bit □ No, I don't mind much □ No, I don't mind at all □
10.	Do any of the people you stay with smoke tobacco? (cigarettes, roll-ups, cigars or a pipe)?  Circle <u>one</u> answer only for each line.
	mum (or step-mum) yesno dad (or step-dad) yesno brother yesno sister yesno someone else I stay with yesno
1	Tick <u>one</u> box only.
	Yes, I've been offered a cigarette but I didn't smoke it ☐ Yes, I've been offered a cigarette and I smoked it ☐ No, I've never been offered a cigarette ☐

12.	What about you? Do you smoke now, <u>even if it is just occasionall</u> or have you ever smoked in the past?  Tick <u>one</u> box only	
	I have never smoked I only tried smoking once I used to smoke but I gave it up I smoke occasionally I smoke regularly (1 or more cigs a week)	
13.	How did you get your first cigarette? Tick <u>one</u> box only. If you have never smoked, tick the last box.	
	I was offered it I asked someone for it I stole it I bought it I got it another way I have never smoked a cigarette	
IF \	YOU HAVE N <u>EVER</u> TRIED A CIGARETTE - please answer the next quen go to Question 24	estion,
14.	How likely is it that other children will try to make you smoke? Circle one answer only.	
	very likely quite likely quite unlikely very unlikely	
**************		
15.	IF YOU SMOKE, EVEN VERY OCCASIONALLY:	
	how many cigarettes do you smoke?	
	a week	
	a day	

16.	Who do you usually smoke with?  Tick one box for each line  I smoke on my own I smoke with my brother or sister I smoke with my best friend I smoke with my friends I smoke no matter who I'm with	<b>)</b>			Ţ
17.	When do you smoke? Tick one box for each line  I smoke at particular times each day ( like after school) I don't smoke at any particular time - just now and again I just smoke at parties or when I'm out with friends I smoke whenever I can		Yes	<b>NO</b>	
18.	Do you smoke at home, at school, or both?  Tick one box for each line  I smoke during school hours (eg at break) I smoke before or after school I smoke at school and at home				
19.	Tick one box for each line  Yes No  On school premises (eg toilets, gates)  Walking to and from school  Travelling by bus to and from school  On the streets				
	In my house  At a friend's house				

20.	What brand of cigarette do you	smoke r
	. 1	
21.	How old were you when you fi Tick <u>one</u> box.	rst tried smoking?
	less than 7 years old 8 or 9 years old 10 or 11 years old 12 or 13 years old 14 or 15 years old	
22.	Why did you start smoking? Tick <u>one</u> box	
	I wanted to I felt I had to No reason I didn't think about it	
23.	And what about the last time y Was it because Tick <u>one</u> box	you had a cigarette?
	You wanted to You felt you had to No reason You didn't think about it	

24. Do you think that you will smoke in the future?  Circle <u>one</u> answer for each line				
	(a) this time next year	very likelyquite li		
	(b) by end of fourth year	very likelyquite li	ikelyquite unlik	elyvery unlikely
	(c) when I've left school	very likelyquite li	ikelyquite unlik	relyvery unlikely
		٠.		
25.	Why do you think child Circle <u>one</u> answer for e	ren and teenagers sta ach line	rt to smoke	
	to join in with their friends	s who smoke	agree	disagree
	they decide to smoke, be		agree	disagree
	friends decide together t	•	agree	disagree
26.	And do you agree or opeople who smoke? Circle one answer for their mates will slag their they'll lose their friends	each line m if they don't smoke	agree agree	disagree disagree
	smoking has nothing to		agree	disagr <del>ee</del>
27.	Have your friends ever I Tick <u>one</u> box only.	made you feel you sho	ould smoke?	•
•	Yes □	<b>No</b> . □		
	If Yes, what did Tick <u>one</u> box o	i you do? only		
	i smoked – but	e I did not really want to I already wanted to it was my decision		•

28.	B. Here are some things that people have said about smoking.  Do you agree?  For each line, put a circle round <u>one</u> answer only.			
	· smoking calms ye	our nerves.	agree	disagree
		smoke you can't stop	agree	disagr <del>ee</del>
	smoking makes )		agree	disagree
	smoking helps yo	ou make friends	agree	disagree
	smoking makes		agree	disagree
	others make fun	of you if you don't smoke	agree .	disagree
		oad for you if you smoke a lot	agree	disagree
	smoking keeps	·	agree	disagree
	kids smoke bec	ause they're told not to	agree	disagree
	NKING Have you ever d spirits like whisl Tick <u>one</u> box on	runk an alcoholic drink (bee ky or gin)? ly.	er, lager, wi	ne, sherry, cider or
	Yes No			
	If No, please (	go to Question 34. If Yes,	carry on.	
30	. Have you ever h Tick <u>one</u> box of Yes <i>N</i> o	nad so much alcohol that younge.	ou've been	really drunk?

1. Do you regularly get drunk ( Tick <u>one</u> box only	most weeks)?
Yes □ No □	
32. How often do you drink alc Tick <u>one</u> box only.	ohol?
More than once a w About once a week About once a monti Once or twice a yea I don't drink (alcoho	h 🛘 ar 💆
33. What do you usually dri (If you do not drink at al	nk? II, just leave blank)
34. Do you think that you will Circle one answer for each	ll drink regularly (say once a week) in the future ch line.
(a) this time next year	very likelyquite likelyquite unlikelyvery unlikely
(b) by the end of fourth year	very likelyquite likelyquite unlikelyvery unlikely
(c) when I've left school	very likelyquite likelyquite unlikelyvery unlikely

DRUGS This section is about drugs, chemist has prescribed for	, that is <i>illegal</i> drugs you.	s, not drugs	that the doctor (	or
35. Has anyone <u>ever</u> offered Tick <u>one</u> box.	d you illegal drugs?			·
Yes and I tried to Yes, but I did no No, I've never b			•	
36. Have you ever tried, or	do you use, any of	the followin	g?	
	Never	Tried Once	Use Occasionally	Use regularly
Cannabis/grass/hash/pot/we Glues/solvent/petrol Es/ecstacy Acid/LSD Jellies/tranks/downers/sleep Speed/uppers/amphetamine Morphine/methodone Heroin/smack Coke/cocaine Crack Poppers Pills - Don't know what A mixture/cocktail of drugs Other. What?	ers D.			
37 Do you think you will Circle <u>one</u> answer fo	l use any illegal drug r each line.	gs in the fut	ure	
this time next year	very likelyquite l			
by the end of fourth year	very likelyquite l	likelyqui	te unlikelyver	y unlikely

when I've left school

very likely.....quite likely.....quite unlikely.....very unlikely

#### FREE TIME

## 38. Here is a list of things you might do in your free time: For each line, circle one answer only:

10101011				
I listen to tapes or CDs	most	once	once	less often
	days	.a week	.a month	or never
I look around the shops	most	once	once	less often
	days	a week	.a month	or never
Tread comics, mags or books	most	once	once	less often
	days	a week	a month	or never
I go to sports matches	most	once	once	less often
	days	a week	a month	or never
I take part in sports	most	once	once	less often
	days	a week	a month	or never
I hang around the streets	most	once	once	less often
	days	a week	a month.	or never
I play computer games	most	once	once	less often
	days	a week	a month.	or never
I spend time on my hobby	most	once	once	less often
(eg art, an instrument)	days	a week	a month.	or never
I go to something like B.B.,	most	once	once	less often
Guides, or Scouts.	days	a week	a month	or never
I go to the cinema	most	once	once	less often
	days	a week	a month	or never
I go to pop concerts, gigs	most	once	once	less often
	days	a week	a month	nor never
I go to the church, mosque or temple	most	once	once	less often
	days	a week	a monti	hor neve <b>r</b>
I look after a pet animal	most	once	once	less often
	days.	a week	a mont	hor never
I go to dance clubs	most	1.	once	less often
or raves	days.		a mont	hor never
I do nothing much	most		once	less often
(am bored)	days		a moni	thor never

39.	Have you read or looked Tick one box for each lin	l at any ne	y of th	ese magazines in the past three	months?
	Just Seventeen Match Mean Machines Mizz More My Guy NME Shoot Sky Smash Hits The Face Viz	Yes	200000000000		
٠	Any computer m	ag 🛘	. Ö		
	Others			•	
	What?				
40	. What about money?			, <b></b> -	·no
	Do you get po	cket m	опеу	?yesyes	no
	Do you get m	oney f	or doil	ng a job ?yesyes	
ر.	Altogether roughly	how n	nuch r	noney do you get each week?	
. 2	On average	, each	weel	klget £p	

Yes □	. No □			
If <b>yes,</b> what?		· · · · · · · · · · · · · · · · · · ·	·	
Which of the Tick one or	more bo	ng types of musi xes.		
			·	
ock		Indie		
		Indie Jazz	о О	
hart music	_		<del>-</del>	
ock hart music eggae ance		Jazz		
hart music eggae ance		Jazz Classical		
hart music eggae		Jazz Classical 60's/70's		
nart music ggae ance eavy Metal		Jazz Classical 60's/70's House		

### 44. These statements are about how you see yourself. For each line, circle <u>one</u> answer.

`		strongly agree	agree	disagree	strongly disagree
		strongly agree	agree	disagree	strongly disagree
e	else	strongly agree	agree	disagree	strongly disagree
	I have a low opinion of myself	strongly	agree	disagree	strongly disagree
,	I am a failure	strongly agree	agree	disagree	strongly disagree
	There are a lot of things about myself I would like to change	strongly agree	agree	disagree	strongly disagree
	I am able to do things well	strongly agree	agree	disagree	strongly disagree
	Most of the time I am satisfied with myself	i strongly agree	agree	disagree	strongly <sub>.</sub> disagree
	I like myself	strongly agree	agree	disagree	strongly disagree
	I feel I have a number of good qualities	strongly agree	agree	disagree	strongly disagree

#### FRIENDSHIP SECTION

This section is about your friends.

There is a page for each one.

If you have one friend, please fill in one page.

If you have two friends, fill in two pages.

And so on up to 6 friends if you want.

NAME OF	1ST FRIE	ND					
MAINE OF	,0,,,	1st	name	2nd nan	ne (surname)		
	Best frie	end <b>or</b> Ju	st a friend				
	Bo <sub>j</sub>	or Tick one b	Girl  OX				
In your class	or In you year	r <b>or</b> In and at you	other year or school	or At anoth school	ner <b>or</b> Left school		
		Tio	ck <u>one</u> box				
We go ard together i		· We see e in school <u>a</u>	ach other and out of s		We just see each other out of school		
			]				
		Tick <u>or</u>	<u>ne</u> box		-		
We do ac together ( computer	sport, a	/e just hang bout together; ve don't do mu	talk a l	e close, ot; share s	We are like each other; think the same way		
swimming	g, etc)						
		Tick one	or more bo	xes			
Which of the following best describes this friend? Tick one box only							
Popular, loud, good fun, cool  Sporty, popular, trendy  Trouble-maker, rebel  Sometimes in trouble, dislikes school Bit of a loner  Quiet, friendly, nice, doing well at school  Sometimes in trouble.							

NAME OF 2N	ID FRIEND	)		_		
MAINT OF 2.		1st na	me	2nd na	me (surname)	
	Best friend  Tio	<b>or</b> Just ck <u>one</u> box	a friend			
	Воу	<i>or</i> Tick <u>one</u> box	Girl			
in your or class	In your year	or In anoth at your s	,	or At anot school	her <b>or</b> Left school	
•		Tick	one box			
We go around together in sc	d or hool	We see eacl in school <u>and</u>	other out of sch		We just see each other out of school	
		· <b>□</b>				
		Tick <u>one</u> l	oox			
We do activiti together (spo computer gai	rt, about nes, we d	st hang together; on't do much	We are c talk a lot; secrets		We are like each other; think the same way	
swimming, et	c)			<i>:</i>		
Tick one or more boxes						
Which of the	following be	st describes l	his friend?	? Tick <u>c</u>	one box only	
Popular, loud Trouble-mak Bit of a lone	ker, rebel 🗖		es in troubl	ular, trendy le, dislikes s ell at schoo	school 🗆	

NAME OF 3R	DERIEN	D					
MAINE OF GRE	1st na			2nd r	name (	(surname)	
	Best friend Ti	or Just	a friend				
	Воу	or Tick one box	Girl				
In your or class	In your year	or In another		or At an		or Left school	
		Tick o	one box		<u> </u>		
We go around together in scho	<b>or</b> ool	We see each in school <u>and</u>		<b>or</b> chool		st see each out of school	
	•						
		Tick <u>one</u> b	юх				
We do activities together (sport, computer game	, abou es, we d	ust hang t together; lon't do much	We are close, talk a lot; share secrets		We are like each other, think the same way		
swimming, etc)				•			
Tick one or more boxes							
Which of the fo	ollowing be	est describes t	his friend	j? Tick	one be	ox only	
Popular, loud, Trouble-maker Bit of a loner	r, rebel 🗖	Sometime	s in troul	ble, dislikes	schoo		

AME OF 4	TH FRIEND	)		200 000	ne (surname)
		1st nar	1st name		ie (Sarriaiiie)
	Best friend  Ti	or Just a <b>C</b> ck <u>one</u> box	friend		
	Воу	or G Tick <u>one</u> box	irl		
In your o	r In your year	or In another at your so	·	or At anoth school	er <b>or</b> Left school
		· Tick o	ne box		-
Ne go arou ogether in :	nd <b>or</b> school	We see each in school <u>and</u>	other out of sch		Ve just see each other out of schoo
		and the same of th			
		Tick <u>one</u> b	oox		
We do active together (secondary)	port, abo	just hang ut together; don't do much	We are c talk a lot; secrets	lose, share	We are like each other; think the same way
swimming,					
		Tick <u>one or</u>	more boxe	es' .	
Which of t	he following b	pest describes	his friend	? Tick o	one box only
Popular, le	oud, good fun naker, rebel <b>[</b>		Sporty, pop es in troub	oular, trendy ie, dislikes s	school L

NAME OF 5	TH FRIEN	D				
		1st na	me	2nd n	ame (s	urname)
	Best frien	d <b>or</b> Just Fick <u>one</u> box	a friend			
	Boy	or Tick <u>one</u> box	Girl			
In your or class	In your year	or In anoth at your s		or At and school		or Left school
	,	Tick	one box			
We go around together in so		We see each		<b>or</b> chool	We jus other o	t see each ut of school
		Tick one	DOX			
We do activit together (spo computer gai	ort, abo mes, we	just hang ut together; don't do much	We are talk a lo secrets			e like each think the way
swimming, et	swimming, etc)			•		
Tick one or more boxes						
Which of the following best describes this friend? Tick one box only						
Trouble-mal	ker, rebel C	, cool D S  Sometime iet, friendly, nic	es in trout	ole, dislikes	s school	

AME OF 6T	H FRIEND			2nd na	mo (curi	
Time O. V.		1st nan	1e	2na nai	ite (Suri	iaiio)
	Best friend  Ti	or Just a C ck <u>one</u> box	friend			
	Воу	or G Tick <u>one</u> box	id ]			
In your or class	In your year	or In anothe at your so		or At anot school	her <b>or</b>	Left school
٠		Tick <u>o</u>	ne box			
We go around together in so	d <b>or</b> chool	We see each in school <u>and</u>	other out of scl	or hool	We just s other out	ee each of school
						]
	•	Tick <u>one</u> b	XOX	·		
We do activitogether (spe	ort, abo	just hang ut together, don't do much	We are talk a lot secrets	close, ; share	We are other; t same v	like each hink the vay
computer games, we swimming, etc)					Į	1
		Tick one or	more box	es		
Which of th	e following	best describes	this frienc	? Tick	one box	only
Popular, lo	ud, good ful	n, cool 🗆 🤞	Sporty, po es in trou	pular, trend ble, dislike:		3